

Prayers for Teens

Prayer for a friend

Lord, I give you (name) and thank you for them.
I thank you for everything that they are
And for all their gifts and talents.
I thank you for the many things that they have given
to others
And for all the kindness that they have shown me.
Lord, at the beginning of time You breathed Your life
into creation
May you breathe Your life into them now
So that each step they take is filled with Your faith
Each thought they think is filled with Your hope
and each moment they live is filled with Your love.
May they fully know Your life
And fully live in Your love
This day and every day
Amen



A Prayer for A Job Interview

(a short prayer to say before the interview)

Dear Lord,

Help me to give of my best today in this interview.
Wrap me in your loving arms when I feel insecure.
Hold me in your steady embrace when I feel nervous.
Help me to understand the questions I am asked,
And answer in a honest and inspired way.

In the interview, I pray you would show me if this is
the right job for me.

I am your servant and I seek to do your will on this
earth.

Lead me in your paths and guide me into all truth.

I ask all this in the beautiful name of Jesus
My Saviour and friend.

Amen.

Morning Prayer

Jesus
Wake me!
Warm my heart with your love.
Shake me!
Inspire my mind with your
words.
Fill me!
Nourish my soul with your hope.
Hold me!
Protect my life with your
strength.
Be with me
As I work, rest and relax today.
Amen.

**Mary, our Mother,
sustain us in moments
of darkness, difficulty
and apparent defeat.
Pope Francis**

Prayer to St. Anthony to Recover Lost Things

O blessed St. Anthony,
the grace of God has made you a powerful
advocate
in all our needs and the patron
for the restoring of things lost or stolen.
I turn to you today with childlike love and
deep confidence.
You have helped countless children of God
to find the things they have lost,
material things, and, more importantly,
the things of the spirit: faith, hope, and love.
I come to you with confidence;
help me in my present need.
I recommend what I have lost to your care,
in the hope that God will restore it to me,
if it is His holy Will.

Amen.

**Don't forget this;
the Lord never gets tired of
forgiving, it is we that get tired of
asking for forgiveness.
Pope Francis**

***The sacrament of Reconciliation is
the best way to experience God's
forgiveness. Find out when your
parish offers this sacrament and
take advantage of it.***



Bedtime Prayer

Dear God,

Tonight I lay down to sleep and ask that you would
hold the fears, worries and disappointments that I
feel.

Take my life and help me to sort through these
many thoughts.

Help me to sift through all these feelings,
And to keep only the ones which are good and true.
Now as I sleep Lord, I ask that you would walk with
me in my dreams, comfort my soul and renew my
spirit.

Tonight I lay down to sleep,
Not alone, but with your love to watch over me
throughout the night.

Amen.

Prayer Before a Test

*My God, enable me to trust in the good outcome
of the test I am about to take;
help me to contribute my own share
of optimism and confidence.*

*With your grace, my God,
I hope to crown my efforts with success.
Keep far from me at this moment
any presumption that it all depends
exclusively on me.*

*You are next to me, my God,
the necessary and welcome presence
in all the moments of my life.*

*I will take this test, my God,
because it is important
for my personal development.*

*My God, be the source of my inspiration
in my doubts and uncertainties,
supporting me with your blessing.*

Amen.

**The church is a love story, not
an institution!
Pope Francis**

***Mass is the best place to fully
encounter the love of Christ!***